IS BEING VEGAN MORE ENVIRONMENTALLY FRIENDLY?



https://www.youtube.com/watch?v=cpP6HijoB9I

Watch the video and decide whether the following sentences are true of false.

1. Vegetarians don't eat any animal products.
   a) True b) False
2. Vegans eat eggs and drink milk.
   a) True b) False
3. Some people choose to be vegan as a way to be healthier.
   a) True b) False
4. According to a study, eating less meat is one of the most import things that we can do to help the planet.
   a) True b) False
5. A lot of earth's water is used for producing meat.
   a) True b) False
6. Cows produce six per cent of the world's carbon emissions.
   a) True b) False

Listen carefully and fill in the gaps with the missing words.

- Like vegetarians, vegans don't eat meat, but they also rule out other 1) _____ _____.
- Some people choose to be vegan because they are concerned about 2) _____ _____.
- A huge amount of the earth's 3) _____ go into raising livestock to produce meat.
- In some places, 4) _____ are cleared to make space for animals and to grow their food.
- The study says to prevent permanent damage to the planet the average world citizen needs to eat 5) _____ per cent less beef, 6) _____ per cent less pork and 7) _____ per cent fewer eggs.
- Not everyone is going to go vegan or give up eating 8) _____ completely, but swapping your 9) _____ for chickpeas or your beef for 10) _____ every so often might not be such a bad idea.

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