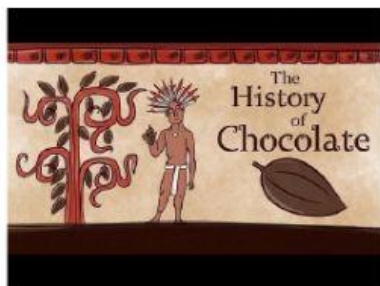


English test:

1) Read and solve the True or false activity.



Read the text and choose a suitable title above.

A study carried out in Germany has found that chocolate may be good for your heart. This is fantastic news for all chocolate lovers. The extensive research was conducted over eight years. The research team followed the chocolate-eating habits and health of almost 20,000 people. They compared how much chocolate was in their diet to the number of heart attacks and strokes people had. Lead researcher Brian Buijsse said: "The good news is that chocolate is not as bad as we used to think, and may even lower the risk of heart disease and stroke." Mr Buijsse said his team found that dark chocolate was the healthiest kind to eat: "Dark chocolate exhibits the greatest effects, milk chocolate fewer, and white chocolate no effects," he said.

The German study showed that people who ate the most chocolate (at least one bar per week) reduced their risk of having a heart attack by 27 per cent. The risk of suffering a stroke was cut by as much as 48 per cent. Nutrition experts believe that natural compounds in chocolate called flavonols are good for our heart. Flavonols also help reduce blood pressure. They are found in cocoa beans so dark chocolate (which has more cocoa) contains more of them than milk chocolate (which has more fat). Buijsse warns people not to suddenly eat lots of chocolate: "Eating higher amounts will most likely result in weight gain. If people start eating small amounts of chocolate, it should replace something else, preferably other high-calorie sweets or snacks."

1) Write T for True or F for False according to this text.

- | | |
|--|-------|
| 1) The article says German chocolate is the healthiest in the world. | T / F |
| 2) A study looked at 20,000 people over an eight-year period. | T / F |
| 3) Researchers followed people who were on a chocolate diet. | T / F |
| 4) Researchers found white chocolate helped reduce heart attacks. | T / F |
| 5) Chocolate cut the chances of strokes more than heart attacks. | T / F |
| 6) Chemicals in chocolate called flavanols are not found in nature. | T / F |
| 7) The lead researcher warned people not to eat too much chocolate. | T / F |
| 8) The researcher suggested replacing sweets with chocolate. | T / F |

2) Complete the sentences with one word in each gap.

1. In my opinion the best way to _____ weight is to eat vegetables and exercise regularly.
2. Milk contains a lot of _____, fat and calcium.
3. I often feel _____ when I eat too much.
4. Being in front of the computer for a long time will cause terrible _____.
5. I run 6 km 4 days a week so I can be _____.

3) Choose the best option for each passive voice sentence.

The cat by the dog yesterday. a. was chosen b. were chased c. was chased 2. Those buildings..... by the fire last summer. a. were destroyed b. are destroyed c. were destroying 3. The student..... a difficult question by the teacher last week. a. has asked b. was asked c. was asking	4. This watch..... in China a. is make b. is made c. was maked 5. I..... a present for my birthday a. am given b. was gave c. was given 6. The houses a hundred years ago a. was builded b. were built c. weren't builded
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