



Playing is fun. When we \_\_\_\_\_, we use our bones and \_\_\_\_\_. \_\_\_\_\_ and muscles help us \_\_\_\_\_.

We \_\_\_\_\_ with our hands. Our \_\_\_\_\_ have \_\_\_\_\_ bones. One hand \_\_\_\_\_ 27 bones.

We \_\_\_\_\_ with our \_\_\_\_\_. Our feet \_\_\_\_\_ many bones. One \_\_\_\_\_ has 26 bones.

When we throw a \_\_\_\_\_, we \_\_\_\_\_ 34 muscles. When we \_\_\_\_\_ a ball, we use \_\_\_\_\_ muscles. When we \_\_\_\_\_, we \_\_\_\_\_ more \_\_\_\_\_ 70 muscles.

We \_\_\_\_\_ to take \_\_\_\_\_ care of our bones and muscles.

*Ex 1: Listen and write the correct word in the blank.*

*Ex2: Reorder the words to have a correct answer:*

1. *move/ when/we/use/,/bones/our/we/use/and/muscles/.*

2. *play/football/we/with/our/feet/.*

3. *throw/a/ball/we/when, use/we/muscles/ 34/.*

4. *has/one/hand/bones/27/.*

5. *feet/have/bones/many/our/.*

6. *help/us/bones/muscles/and/ play/.*