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Activity: Use of English

Subject: B1 Preparation

Read the text and choose the correct answer for each gap.

Many people have tried (1) _____ smoking at some point in their lives, and these days many of us (2) _____ to stop taking (3) _____ substance which is not cigarettes, but which (4) _____ be killing the same number of people (5) _____ tobacco, or even more. I am talking about sugar.

When I went to the doctor five years ago, he told me that sugar (6) _____ kill me one day if I didn't avoid (7) _____ it. My only chance of long-term survival, said the doctor, was (8) _____ all sugar from my diet. Before that day, I (9) _____ to quit anything; (10) _____ , I didn't think it would be too difficult. "I have achieved difficult things in my life, much more difficult than that," I thought. It wasn't true.

I didn't know how difficult it was to stop smoking, or drinking alcohol, because I (11) _____ addicted to anything, but when I stopped eating sugar, I realised that sugar is a very powerful drug. I think it (12) _____ easier if I had been addicted to nicotine, for example, instead of sugar. The first few weeks or months I (13) _____ that I was eating chocolate or cakes, and then I woke up in the morning and my body was crying for sugar.

It's been 3 months now, and I (14) _____ very, very little sugar in that time; only the added sugar that food manufacturers put in some of their processed products, like bread, tinned tomato, etc. I am very happy because I don't crave sweet things any more, and I feel (15) _____ healthier and energetic than a few months ago.

For the following questions (1 to 15), choose a, b, c or d.

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(1) A: "It's really hot in this room." B: "Wait. I _____ the window."

a. 'll open
b. 'm going to open
c. 'm opening
d. open

(2) I _____ the tickets on Friday.

a. was buying
b. bought
c. have bought
d. buyed

(3) I _____ in this village all my life.

a. live
b. 'm living
c. 've lived
d. was lived

LIVEWORKSHEETS

4 A: "Why are you so dirty?" B: "Because I _____ the basement."

a. clean

b. 've cleaned

c. 've been cleaning

d. cleaning

5 The new sofa isn't ____ the old one.

a. as nice as

b. as nice than

c. as nicer than

d. the nicest as

LIVEWORKSHEETS