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Building a Better Team
Arts & Entertainment

What helps teams work well together?

Teamwork is important for a company's success. Many companies provide team-building activities to help teams work together better. These activities can be a fun way to develop important skills.

The Dinner Detectives is one example of a fun team-building activity. It includes a team dinner where teams have to solve a mystery! First, each person chooses an alias. Then, they are told a "crime" has been discovered. Teams improve their problem-solving skills while trying to find out who did the crime. Team members leave the activity feeling more confident, and ready to participate more back at work.

Team Bonding is a company which offers a variety of team-building programs. Some of the activities are improvisational comedy, painting a team mural, and ice sculpting. In the ice sculpting activity, teams use a chisel, gloves, and their imagination. Team members develop cooperation skills and increase creativity while making their ice sculpture.

The Go Game is a scavenger hunt. This activity is good for people who don't work together in an office, so they don't see each other often. During the game, people get to know each other in person while working on interesting missions. For example, using a special smartphone, teams make a video of themselves recreating scenes from famous movies. But they use only their fingers instead of actors! Playing the game builds trust among team members. At the end of the scavenger hunt, participants gather to review the videos. Then everyone votes, and winners get prizes at an awards ceremony.

These are just a few of the many options for team-building activities. Which activity would you choose?

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These are just a few of the many options for team-building activities. Which activity would you choose?

1. According to the article, team-building activities...

a. Are only suitable for large companies.
b. Should always include a meal.
c. Can help employees develop important skills.
d. Help companies make money.

2. During The Dinner Detectives, teams...

a. Dress up as detectives.
b. Paint a mural.
c. Use a chisel and gloves.
d. Solve a crime.

3. Team Bonding offers one type of team-building activity.

a. True
b. False
c. We don't know.

4. In The Go Game, participants...

a. Choose an alias.
b. Use a smartphone.
c. Do improvisational comedy.
d. Work with ice.

5. What is unusual about the videos in The Go Game?

a. The actors are fingers.
b. No one ever sees the videos.
c. The company sells the videos.
d. The company sells the videos.

Glossary

1. **team-building:** a group of people who work together at something
2. **activities :**(no plural) motion; things happening
3. **Skills:** something special that you know how to do (from practice and training)

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4. **Alias:** another name you are known by (especially used by criminals)

5. **Improvisational:** created in the moment, without advance preparation, often used to describe a type of comedy (also called "improv")

6. **chisel:** a tool with a sharp squared end used for cutting stone or wood

7. **creativity :**(no plural) the power to be creative

8. **scavenger hunt:** kill wild animals for food or for sport

9. **Person**: (plural people) a human being (man, woman, boy or girl)

10. **Missions**: important task

11. **Recreating:** make something happen

12. **hunt:** kill wild animals for food or for sport

13. **awards:** *award (n)*

14. **Ceremony:** a religious service held on a special occasion or a special way of showing the importance of an event

15. **team-building activities:** activity done by a group of people to help them work better as a group

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