


Which lunch set would you choose? Write a paragraph using the phrases given below.

**Lunch Set 1**

- nutritious meal
- rice porridge
- anchovies
- soya bean drink
- fruit
- rich in calcium and minerals



I would choose \_\_\_\_\_ because it is a  
\_\_\_\_\_ meal. The lunch consists of \_\_\_\_\_,  
\_\_\_\_\_, \_\_\_\_\_ and \_\_\_\_\_  
\_\_\_\_\_. Most importantly, it is rich \_\_\_\_\_.

**Lunch Set 2**

- wholesome meal
- fried noodles
- an omelette
- fresh fruit juice
- fruit
- packed with essential vitamins and fibre



I would choose \_\_\_\_\_  
\_\_\_\_\_.  
\_\_\_\_\_  
\_\_\_\_\_.  
\_\_\_\_\_.