

Name:

Class:

Alphansus Davis High School

Grade:10 Pool1

Topic: Performing Manicure and Pedicure Services

Instruction: Select the correct response for each multiple choice question below

1. Emery boards are used to shape the nail:

a) side	c) remove nail polish
b) lunula	d) cuticle

2. Before using manicure implements, they should be:

a) wiped with a tissue	c) cleansed and sanitized
b) wiped with a towel	d) dipped in warm water

3. Brittle nails and dry cuticles are treated with a /an:

a) oil manicure	c) regular manicure
b) top sealer	d) machine manicure

4. Manicuring implements should be sanitized :

a) once a day	c) every week
b) after each use	d) twice a week

5. A manicure that is not given in the manicuring area, and is often given while the client is receiving another service is called a/an _____ manicure

a) booth	c) plain
b) hot oil	d) artificial

6. Sanitized manicuring implements should be stored:

a) in a table drawer	c) in a cabinet sanitizer
b) in an open cabinet	d) on the manicuring table

7. The correct way to apply nail polish from base to free edge is to:

a) use thick polish	c) apply three coats
b) use short, jerky strokes	d) apply it quickly and lightly

8. A cosmetic applied over the nail polish to minimize chipping or cracking is a /an:

a) base coat	c) lacquer
b) seal coat	d) abrasive

9. Apply nail polish:

a) over the top coat	c) over the sealer
b) over the base coat	d) before the base coat

10. For clients with ridged an brittle nails, or dry cuticles, recommend a/an

a) oil manicure	c) booth manicure
b) artificial nails	d) nail wrapping

11. The care of the feet, legs and toenails is called:

a) pedicuring	c) manicuring
b) hypertrophy	d) paronychia

12. Another name for Athlete's foot is :

a) varicose	c) ringworm
b) pityriasis	d) pterygium

13. To remove stains from nails, use:

a) nail polish remover	c) nail whitener
b) cuticle oil	d) nail bleach

14. To prevent or correct brittle nails and dry cuticles , use:

a) nail whitener	c) cuticle cream
b) cuticle solvent	d) dry nail polish

15. A top coat, or sealer, makes the nail polish:

a) adhere to nail surface	c) dull in appearance
b) more resistant to chipping	d) peel off easily

16. Polish should be removed from nails with:

a) a firm movement from tip to base	c) a circular motion
b) a twisting motion	d) a firm movement from base to tip

17. A hand massage may be given before:

a) soaking fingers	c) polish
b) filing	d) pushing back cuticles

18. When shaping the nails, the nails is filed

a) straight across	c) corner to corner
b) corner to centre	d) right to left

19. A consultation for a manicure service takes place after:

a) you clean up your work area	c) you have removed old polish
b) the hand massage	d) the client washes her hands

20. The cosmetologists' first concern in regards to a client should be the:

a) name of the client	c) client's protection and safety
b) client's ability to pay	d) length of service required