

Name:

Class:

Alphansus Davis High School

Grade:10 Pool1

Topic: Performing Manicure and Pedicure Services

Instruction: Select the correct response for each multiple choice question below

1. Emery boards are used to shape the nail:
 - a) side
 - b) lunula
 - c) remove nail polish
 - d) cuticle
2. Before using manicure implements, they should be:
 - a) wiped with a tissue
 - b) wiped with a towel
 - c) cleansed and sanitized
 - d) dipped in warm water
3. Brittle nails and dry cuticles are treated with a /an:
 - a) oil manicure
 - b) top sealer
 - c) regular manicure
 - d) machine manicure
4. Manicuring implements should be sanitized :
 - a) once a day
 - b) after each use
 - c) every week
 - d) twice a week
5. A manicure that is not given in the manicuring area, and is often given while the client is receiving another service is called a/an _____ manicure
 - a) booth
 - b) hot oil
 - c) plain
 - d) artificial
6. Sanitized manicuring implements should be stored:
 - a) in a table drawer
 - b) in an open cabinet
 - c) in a cabinet sanitizer
 - d) on the manicuring table
7. The correct way to apply nail polish from base to free edge is to:
 - a) use thick polish
 - b) use short, jerky strokes
 - c) apply three coats
 - d) apply it quickly and lightly
8. A cosmetic applied over the nail polish to minimize chipping or cracking is a /an:
 - a) base coat
 - b) seal coat
 - c) lacquer
 - d) abrasive
9. Apply nail polish:
 - a) over the top coat
 - b) over the base coat
 - c) over the sealer
 - d) before the base coat

10. For clients with ridged an brittle nails, or dry cuticles, recommend a/an
- a) oil manicure
 - b) artificial nails
 - c) booth manicure
 - d) nail wrapping
11. The care of the feet, legs and toenails is called:
- a) pedicuring
 - b) hypertrophy
 - c) manicuring
 - d) paronychia
12. Another name for Athlete's foot is :
- a) varicose
 - b) pityriasis
 - c) ringworm
 - d) pterygium
13. To remove stains from nails, use:
- a) nail polish remover
 - b) cuticle oil
 - c) nail whitener
 - d) nail bleach
14. To prevent or correct brittle nails and dry cuticles , use:
- a) nail whitener
 - b) cuticle solvent
 - c) cuticle cream
 - d) dry nail polish
15. A top coat, or sealer, makes the nail polish:
- a) adhere to nail surface
 - b) more resistant to chipping
 - c) dull in appearance
 - d) peel off easily
16. Polish should be removed from nails with:
- a) a firm movement from tip to base
 - b) a twisting motion
 - c) a circular motion
 - d) a firm movement from base to tip
17. A hand massage may be given before:
- a) soaking fingers
 - b) filing
 - c) polish
 - d) pushing back cuticles
18. When shaping the nails, the nails is filed
- a) straight across
 - b) corner to centre
 - c) corner to corner
 - d) right to left
19. A consultation for a manicure service takes place after:
- a) you clean up your work area
 - b) the hand massage
 - c) you have removed old polish
 - d) the client washes her hands
20. The cosmetologists' first concern in regards to a client should be the:
- a) name of the client
 - b) client's ability to pay
 - c) client's protection and safety
 - d) length of service required