

REVISION UNIT 1

Grammar

1 Complete the sentences with the present simple form of the verbs.

- 1 Paul _____ (look) very tired today.
- 2 Why _____ you _____ (think) he's sad?
- 3 Angela _____ (not want) to do the test.
- 4 Sally _____ (work) as a psychiatrist.
- 5 I _____ (not believe) they are any good.

2 Complete the sentences with the present continuous form of these verbs.

live	work	sleep	study	not get
------	------	-------	-------	---------

- 1 Shhh! The baby _____.
- 2 _____ those researchers _____ people's happiness?
- 3 Nowadays, people _____ as much sleep as in the past.
- 4 Which clinic _____ the doctor _____ in this week?
- 5 People in some places _____ longer because of their diet.

3 Complete the sentences with the present simple or present continuous form of these verbs.

eat	stay	not play	come
not visit	go	dance	sleep

- 1 My father always _____ with the light on.
- 2 The boys _____ their lunch at the moment.
- 3 Your dog often _____ into my garden.
- 4 She _____ in a competition today.
- 5 _____ Mike _____ with you now?
- 6 _____ you _____ cycling very often?

4 Re write the sentences using the adverbs of frequency.

- 1 John plays tennis on Saturday mornings. (always)
- 2 Does Jane get up at six o'clock? (usually)
- 3 I sleep until 9 o'clock. (sometimes)
- 4 Paul gets enough sleep. (never)
- 5 Do the girls go to the cinema? (often)
- 6 The doctor tells us the results of the test. (rarely)
- 7 Is she in her office at ten o'clock? (usually)
- 8 The children aren't at home in the afternoon. (often)

Vocabulary

5 Match the verbs 1–8 with the words a–h.

- | | |
|--------------------------|---------------|
| 1 I'm doing some | a shopping. |
| 2 They're going | b board game. |
| 3 Do you play | c homework. |
| 4 Let's play a | d holiday. |
| 5 They like to do | e swimming? |
| 6 When are you going | f exercise. |
| 7 Next week I'm going on | g gardening. |
| 8 He's doing his | h tennis? |

6 Complete the sentences with these words.

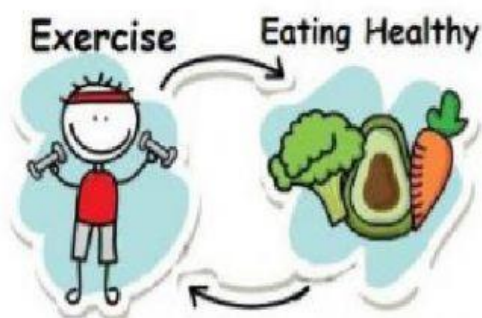
book	shopping	marathon	cycle
hiking	surfing	crossword	piano

- 1 We like to _____ through the countryside.
- 2 Do you ever go _____ in the hills?
- 3 My mother does the _____ in the newspaper.
- 4 People run a _____ round our city in September.
- 5 I love to relax by reading a good _____.
- 6 My little sister plays the _____ very well.
- 7 I don't enjoy going _____ on Saturdays. It's too busy in town.
- 8 Does he ever go _____ at the seaside?

7 Complete these sentences with the medical problem.

- 1 I can't speak. I've got a s _____ t _____.
- 2 I feel very hot. I must have a t _____.
- 3 He's got a cold and a r _____ n _____.
- 4 Don't shout! Dave's got a terrible h _____.
- 5 I feel sick and I've got s _____ a _____.
- 6 Listen to Jane! That's a bad c _____!

READING COMPREHENSION



A Healthy Lifestyle

As time goes by, doctors and scientists are finding a strong relationship between the mind and the body. It's becoming clear that how you feel mentally and emotionally is very important for the way you feel physically. Have you ever thought that once you passed the age of 20 you start to die?

Of course, that is generally a slow process, but you can't escape from it. Teenagers find it difficult – if not impossible – to imagine themselves as middle-aged or old people. That's because they are young, fit and strong; however, if they don't get into the habit of taking regular exercise early in life to keep like that as long as possible, they will have lots of problems when they are older. One of the easiest ways to keep fit is to stick to a healthy diet, that is to say, to eat fruit, fresh vegetables and food containing fibre, regularly. Smoking is something you must give up if you want to be healthy. Also, try to reduce your alcohol consumption and avoid being too fat.

A. Circle T (True) or F (False).

- | | | | |
|---|---|---|---|
| 1 | There is a relationship between mind & body. | T | F |
| 2 | Our bodies start to die slowly after our twenties. | T | F |
| 3 | Teenagers know how old people feel. | T | F |
| 4 | Exercising early in life is important. | T | F |
| 5 | You will not get any health problems with exercise. | T | F |
| 6 | We should keep a healthy diet. | T | F |
| 7 | Being fat is ok. | T | F |
| 8 | Alcohol is very bad for you. | T | F |

B. Complete the sentences according to the text:

1. The way you feel mentally and emotionally
2. It is a slow process
3. If teens don't do regular exercise,
4. Teens should avoid